

Susan Johnson – A Celebration for Life

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Relationship Education

Relationship Education is an important process in your steps to preparing for your marriage.

Outlined below are the details of relationship education providers in the Newcastle area.

Catholic Care Social Services Hunter-Manning

50 Crebert Street,
MAYFIELD 2304 NSW

P: 02 4979 1370

F: 02 4979 1379

E: marriageeducation@catholiccare.org.au

Website: Catholic Care Social Services Hunter-Manning:

Catholic Care offers two pre-marriage courses and advise couples to attend one of these around four months prior to their marriage.

Before We Say I Do. This is a group program (held over two days or four evenings) presented by qualified Relationship Educators and provides you with the skills to explore, build and strengthen your relationship.

The cost for this group program is \$300 (including GST) per couple.

A \$50 fee will be charged if less than 24 notice is given for cancellation of session appointments.

The ***FOCCUS Program (Facilitating Open Couple Communication, Understanding & Study)*** involves you and your partner completing a questionnaire followed up by discussion with a qualified Relationship Education. This will help you to develop skills to use in your future together.

The cost for FOCCUS is \$300 (including GST) per couple, which includes three 90 minute sessions. Payment prior to commencement is required. A \$50 fee will be charged if less than 24 notice is given for cancellation of session appointments.



Relationships Australia

4-6 Heddon Road
BROADMEADOW NSW 2292
Ph: 02 4940 1500
Email: enquiries@ransw.org.au
Website: Relationships Australia

Couples may consult with relationship counsellors by appointment without the need for a doctor's referral. The cost per consultation is based on income and financial circumstances. Fees are set at \$35 for a business hours' consultation and \$65 for after hours' consultation for clients receiving Centrelink benefits. For clients on higher incomes this ranges up to \$160 per consultation.

Relationships Australia also offer access to the **Prepare/Enrich Program** which is a customised couple assessment completed online that identifies a couple's strengths and growth areas.

Current fees for the Prepare/Enrich Program is \$330. This includes three sessions with an administrator/counsellor and all costs for the online questionnaire and administrative processing.



Solutions for Life Counselling – Julie Cutler – Counsellor and Family Therapist

3 Hollywood Parade
NEW LAMBTON HEIGHTS NSW 2305
Ph: 02 4952 8381
Mob: 0422 955 414
Email: juliecutler@optusnet.com.au
Follow the Link: Solutions for Life Counselling

Julie is a Counsellor, Family & Relationship Therapist registered with the Australian Counselling Association, the Professional Counselling Association and a trainee member of the Association of Imago Relationship Therapists Australia.

No referral is required and sessions can be booked by calling Julie on 02 4952 8381 or 0422 955 414.

The cost for Couples/Family Counselling – Therapy:

1.5 hours' consultation	\$140
1 hour	\$100

Consultations are payable on the day of appointment either by cash or card. Re-scheduling or cancelling of appointments require 24 hours' notice to avoid a cancellation charge.